

AIA – GRADE I

		TESTS	REMARKS
1	A X	Enter in medium walk Halt, immobility, salute Proceed in medium walk	
2	C HXF FA	Track left Free walk Medium walk	
3	A X	Down centre line 10m circle right	
4	X	10m circle left	
5	XC C	Down centre line Track right	
6	A	20m circle right	
7	KXM	Free walk	
8	MC	Medium walk	
9	C	20m circle left	
10	EX	Half 10m circle	
11	G	Halt, immobility and salute	