



LICENSE

QUESTIONS

DRESSAGE & ENDURANCE

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QUESTIONS for license

General questions

1. Who is responsible for the horse?
 - the groom and the trainer
 - the veterinarian
 - the athlete
 - the Chef d'équipe
2. What kind of bedding is suitable for a stable?
 - shavings
 - straw
 - rubber matting
 - all of the above
3. How often should a horse eat?
 - once a day
 - 3 times or more a day
 - only in the morning
 - 6 times a day
4. What is the staple food of a horse?
 - carrots
 - hay
 - apples
 - straw
5. The quantity of food offered to a horse depends on:
 - its size
 - the work it has done
 - both of the above
 - its breed

QUESTIONS for license

6. How do we groom a horse on a daily basis?
 - with water
 - with a cloth
 - with a curry comb, dandy brush and a hoof pick
 - with a broom

7. What do we call the tool for cleaning a horse's hoofs?
 - a handkerchief
 - a towel
 - a hook
 - a hoof pick

8. Why is oil or grease applied to the horse's hoofs?
 - for aesthetic
 - reasons to be shiny
 - to protect and moisten
 - to make them all look the same

9. What is the main reason for clipping a horse?
 - to enable cooling down
 - for aesthetic reasons
 - to encourage hair growth
 - to lighten the horse's weight

10. What is the name of the long rope used to exercise a horse?
 - martingale
 - strap
 - lunge rein
 - rein

11. How often should a horse be shod?
 - every 50 days approximately
 - every 20 days approximately
 - every 80 days approximately
 - every 15 days approximately

QUESTIONS for license

12. What is the name of the material we put under the saddle?

- blanket
- saddle blanket
- saddle cloth
- dressing

13. What is the name of the strap that secures the saddle onto the horse?

- nose band
- stirrup leather
- breast plate
- girth

14. What do we call the part of a saddle where the rider sits on?

- seat
- cantle
- pommel
- skirt

15. What is the common name for the strap from which the stirrup hangs?

- girth
- stirrup leather
- breast plate
- martingale

16. What do we call the part of the bridle that the rider holds?

- girth
- reins
- cheek piece
- brow band

17. What do we call the part of the bridle that which is attached to the bit?

- cheek straps
- noseband
- headpiece
- headband

QUESTIONS for license

18. What is the name of the part of the bridle which passes behind the ears of a horse at the highest point of the horse's head?
- throat lash
 - head band
 - head piece
 - nose band
19. From which side should a horse be led?
- the left
 - the right
 - the front
 - the back
20. What should a horse wear when travelling in the lorry or trailer?
- tendon boots and a head collar
 - only a head collar
 - travel boots or bandages and a head collar
 - a saddle
21. In order to take part in official HEF's competitions, a horse must:
- wear the Horse Identification Number
 - have a National or International passport, be registered in HEF, have a microchip number and the annual fee must be paid
 - not have been vaccinated within the 7 days prior to a competition
 - all the above
22. To take part in National Competitions of HEF, the horse must be vaccinated against equine flu :
- every 12 months
 - every 6 months
 - every 3months
 - every 1 month

QUESTIONS for license

23. The HEF may carry out anti-doping testing for forbidden substances:
- whenever it is considered necessary
 - only during Championship competitions
 - on the first 5 in each class
 - on the first 3 in each class
24. Who represents the athlete in communications with the Ground Jury?
- the trainer
 - the Chef d'Equipe of the club
 - the groom
 - the President of the club
25. In the schooling areas which rider has got priority?
- the one on the left
 - the one on the right
 - the one on the diagonal
 - the one changing rein
26. Is it compulsory for an athlete to attend the prize giving ceremony with his horse?
- he needs not to attend at all and the prize will be sent to his house the rider
 - can attend alone
 - it is obligatory
 - the trainer can

QUESTIONS for license

Veterinary questions

1. Where are a horse's withers?
 - on the front legs
 - on the back legs
 - under the front part of the saddle
 - near the tail

2. The crown of the hoof is found:
 - on the underneath surface
 - on the top edge of the hoof, where the hoof meets the skin
 - on part of the frog
 - on the part to which the shoe is affixed

3. The frog is found:
 - on the rear one third of the underside of the hoof
 - on the front one third of the underside of the hoof
 - on the crown of the hoof
 - on the place where the farrier's nails are inserted

4. The bedding must be changed:
 - twice a day
 - once a day
 - once every two days
 - once every three days

5. In the case of a horse needing extra energy for a competition, we slightly increase the feed with:
 - cereals (oats, barley, corn)
 - potatoes
 - hay
 - straw

QUESTIONS for license

6. In the case that a horse has to stay in its stable without working for a considerable time, we should reduce the feed in:
- cereals (oats, barley, corn)
 - potatoes
 - hay
 - straw
7. A horse with colic presents:
- lameness
 - blindness
 - cough
 - anorexia
8. If a horse has suspected colic it should:
- be walked quietly
 - be ridden quietly
 - be ridden vigorously
 - eat nothing until we call the vet
9. In the case of hemorrhaging from a limb:
- we leave the wound open to the air
 - we wash the wound with a mild antiseptic and bandage it
 - we just spray the wound without washing it
 - we bandage the wound without washing it
10. In the case of nasal secretions and a cough, we should:
- wash the horse
 - continue training but call the vet
 - not continue training and call the vet
 - wait for a week

QUESTIONS for license

11. When it is obvious that a horse is lame:

- it must be withdrawn from training
- it must continue training since the lameness often disappears
- it must continue training but after administration of a painkiller
- it must be withdrawn from training and a vet be called

12. The care of the hoofs includes:

- the application of disinfectants (formalin, vitriol) to the sole
- daily washing with plenty of water for a long period of time
- daily trimming of the hoofs (hoof pick)
- the application of hoof oil to the sole

QUESTIONS for license

Dressage questions

1. When the judge rings the bell, what should an athlete do?
 - start the Test with 45"
 - start the Test within 65"
 - start the Test within 75"
 - start the Test within 35"
2. On which side of the arena and at which letter does the President sit?
 - the short side at H
 - the long side at B
 - the short side at C
 - the short side at M
3. What does it mean if the bell rings during the Test?
 - the rider is eliminated
 - the rider has made a mistake during his Test
 - the rider must start again the beginning of this exercise of his Test
 - the rider must start his Test again from the start
4. Which color and shape must the saddlecloth be in order to compete in a dressage competition?
 - any color as long as it is square
 - white or off-white and square
 - black and square
 - brown and round
5. Which spurs are allowed?
 - spurs with fixed rowels
 - spurs of any shape
 - spurs without any sharp edges and rowels that turn freely
 - spurs of any type

QUESTIONS for license

6. What is the correct dress for a small Test?
- check jacket, beige shirt, fawn breeches, riding helmet and black boots
 - navy jacket, white shirt, fawn breeches, riding helmet and brown boots
 - dark jacket, white shirt, navy breeches, riding helmet and black boots
 - jacket in a color registered by the club, with the club's badge
7. What is the penalty if a horse places all four hoofs outside the arena?
- a loss of 2 points
 - elimination
 - a loss of 4 points
 - the Test continues normally
8. In which Tests can an athlete carry a whip?
- all Championship and Panhellenic Tests
 - all International Tests
 - all National tests except Championships and Panhellenics
 - all Tests which do not result in a Champion or Panhellenic Winner
9. What happens if an athlete enters the arena to compete without waiting for the bell?
- he is eliminated
 - he loses 2 points
 - he loses 4 points
 - he is punished by the judges with a reprimand
10. What is the penalty if an athlete and/or horse falls?
- elimination
 - the athlete continues his Test at the point where he stopped
 - the athlete continues his Test at the point where he stopped and loses 4 points
 - the Test is started again

QUESTIONS for license

11. If the horse resists during the Test, how long can the President of the Ground Jury wait?
- 30", then the rider is eliminated
 - 20", then the rider is eliminated. If there is resistance that may endanger Rider, Horse or any other person, the C judge will eliminate earlier than in 20".
 - the rider is eliminated immediately
 - the President waits for as long as he deems necessary
12. At what age may a horse compete in a competition?
- 4 years old, 6 years old for M classes (juniors) and 7 years old for St Georges
 - 6 years old
 - 5 years old
 - 7 years old
13. What is the permitted length of a whip?
- 60cm and 80cm for ponies
 - 75cm and 95cm for ponies
 - 90cm and 1.05cm for ponies
 - 1.20cm and 1.00cm for ponies
14. Where are bandages allowed on a horse's legs during a competition?
- everywhere
 - during the warm-up and the prize-giving ceremony
 - the moment it enters the arena to compete
 - when saluting the judges
15. If the judge C detects fresh blood anywhere on the horse during the test, what happens?
- The pair is eliminated.
 - Depending on where the blood is found judge C will eliminate or not the athlete.
 - Nothing happens, athlete continues his test.
 - Judge C will call the vet.

QUESTIONS for license

16. Entering the dressage arena (competition arena) with boots or bandages on the horse:
- Is punished by the judges
 - Is considered a fault and 2 points will be deducted per judge.
 - Is considered a fault and 4 points will be deducted per judge.
 - Elimination.
17. A horse to be able to compete, must:
- Must be able to walk, trot and canter correctly
 - Any horse can compete.
 - Must be fit to compete and able to fulfill the requirements and difficulties of the test, otherwise the athlete is eliminated.
 - Should be sound.
18. When does an athlete enter a arena 20X40 and when a arena 20X60, to compete?
- In arena 20X60 when athlete wears a tailcoat.
 - In arena 20X40 for all low level classes and in arena 20X60 for all high level classes.
 - Competes in whatever arena the athlete wants.
 - In arena 20x40 for license test and for the smallest test E and all the rest classes in arena 20X60.
19. At the beginning and end of the test, when, where and how should the athlete salute?
- At X in any in any way that suits the athlete.
 - At X by taking the reins always in the right hand.
 - The Athlete salutes the judges at X by taking both reins in one hand and saluting with the other or just nodding.
 - The Athlete salutes the judges at A by taking both reins in one hand and saluting with the other or just nodding.
20. In case unauthorized assistance and help from outside is given, what happens?
- 2 points are deducted per judge.
 - Athlete will get a recommendation by judge C.
 - The athlete is eliminated.
 - There is no punishment.

QUESTIONS for license

21. Is it obligatory for the athlete to wear a protective headgear (helmet):

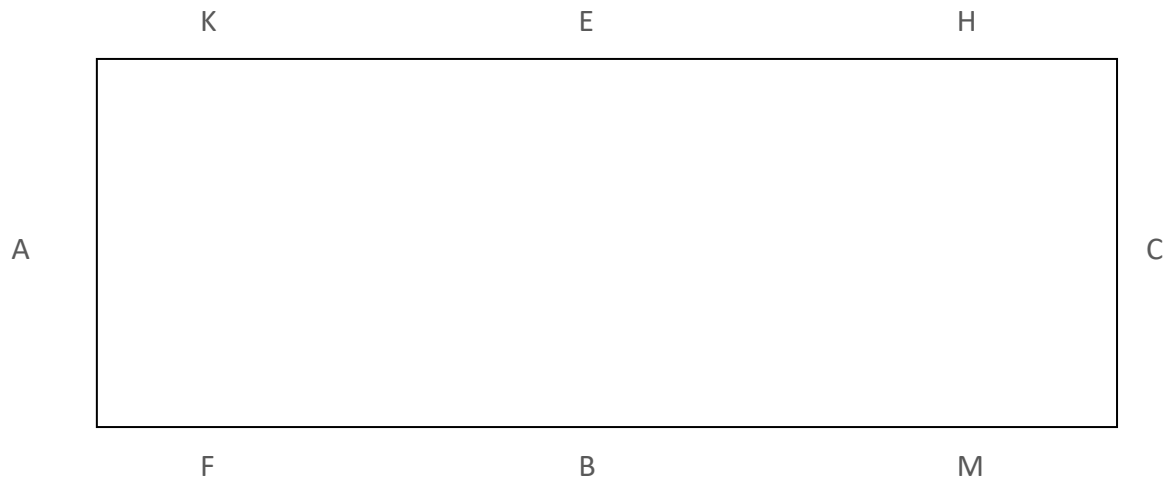
- At all times, when mounted.
- No.
- Only when entering the dressage arena.
- It is obligatory only for children.

22. In case of marked lameness of a horse in the arena:

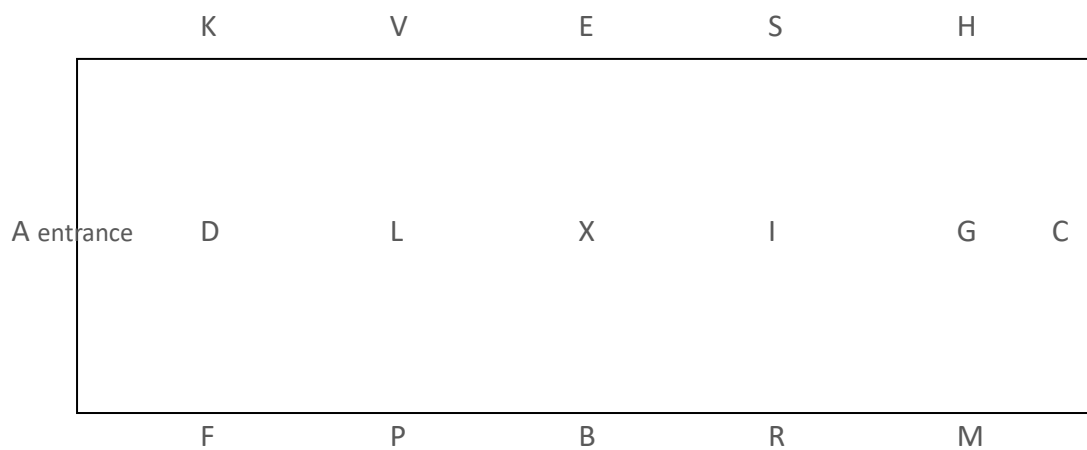
- The judges C calls the vet.
- The judge C calls the person responsible of the horse.
- The pair is eliminated by the judge C.
- There is no problem for the athlete.

QUESTIONS for license

Mark on the diagram the positions of the 5 judges in arena 20m x 60m



Mark the positions of the letters on arena of 20m x 60m



QUESTIONS for license

Endurance questions

1. Endurance riding is a Competition to test:
 - the Athlete's ability to safely manage the stamina and fitness of the Horse over an endurance course in a Competition against the track, the distance, the climate, the terrain and the clock
 - the Athlete's ability to manage the stamina of the Horse over an endurance course against the clock
 - the Athlete's ability to manage the speed of the Horse over an endurance course against the distance

2. In an Endurance Competition can compete:
 - only Horses
 - horses and mules
 - any member of the Genus Equus

3. An Endurance Competition consists of a number of phases of which:
 - no phase may exceed 20 km
 - no phase may exceed 40 km
 - no phase may exceed 60 km

4. Horses competing in category A CEN 1* (100-119 km) must be:
 - at least 4 years old
 - at least 5 years old
 - at least 6 years old
 - at least 7 years old

5. Four (4) years old Horses may compete:
 - in all National Competitions of controlled speed
 - in low categories of International Competitions
 - only in categories D (40-59km) and E (20-39km) of National Competitions
 - only in category E (20-39km) of National Competitions

QUESTIONS for license

6. An Endurance rider, is entitled to participate in A CEN1* (100-119 km) if he/she has reached his/her:
- 12th birthday
 - 14th birthday
 - 16th birthday
 - 18th birthday
7. The field of play is defined as:
- the defined course, the Vet Gate and the crew points
 - the defined course and the Vet Gate
 - the defined course and the crew points
8. At National Endurance Competitions, the Athletes with common stirrups, may put on:
- any closed-toe shoes
 - trainers
 - riding footwear with heels of 12 mm or more
9. At National Endurance Competitions, the Athletes with caged/boxed stirrups, may put on:
- only trainers
 - any closed-toed shoes
 - any shoes
10. At National Endurance Competitions, the Athletes must put on a:
- protective headgear
 - 3-point helmet
 - cap
11. At Endurance Competitions:
- horses must be correctly shod
 - horses may be ridden without shoes, but if shod they must be correctly shod
 - concerning shoeing applies whatever the Ground Jury decides, considering the type of terrain

QUESTIONS for license

12. At Endurance Competitions an athlete must be mounted, under penalty of disqualification, to pass through the start of any day and the finish line of the day's final phase, may:
- lead their Horse on course
 - follow their Horse on course
 - lead or follow their Horse on course
13. If a combination (rider-horse) makes a start which is in any way false:
- it results in the issuing of a Yellow Warning Card to the rider and a time penalty of 15 minutes
 - the combination must return and re-cross the start line
 - the combination is penalised by disqualification
14. After competing in an Endurance Competition of 60 km, a Horse must be given a mandatory rest period of:
- 12 days
 - 19 days
 - 26 days
15. In the Horse Inspection, horses must be presented with a heart rate no more than:
- 64 beats per min (bpm) within 15 min of crossing the end line of each loop except the final loop which is in 20 min of crossing the finish line
 - 68 beats per min (bpm) within 15 min of crossing the end line of each loop except the final loop which is in 20 min of crossing the finish line
 - 64 beats per min (bpm) within 20 min of crossing the end line of each loop except the final loop which is in 30 min of crossing the finish line
16. At the Veterinary inspection the Horse's fitness to continue the ride is assessed upon the:
- heart rate recovery
 - metabolic stability
 - regular gait
 - metabolic stability and regular gait
 - heart rate recovery, metabolic stability and regular gait

QUESTIONS for license

17. At National Endurance Competitions, the qualification procedure of a combination(rider-horse) means:
- that they have successfully completed category E and are eligible for category D or they have successfully completed category D and are eligible for category C or they have successfully completed category C and are eligible for category B or they have successfully completed category B and are eligible for category ACEN1
 - that they have successfully completed category E (20 km) at least once
 - there is no qualification procedure for participation in higher categories of National Competitions
18. At the finish line of the intermediate phases in an Endurance Competition, the Rider:
- must be mounted
 - must lead or follow the Horse
 - may be mounted or lead or follow the Horse
19. At the Veterinary Gates must be presented in a bridle:
- the bad-tempered stallions
 - the bad-tempered horses
 - the stallions
 - the mares in oestrus
20. The treatment or supportive therapy, during an Endurance Competition, are permitted only :
- if they do not affect the classification of a Horse
 - if approved by a veterinarian
 - with the written approval of the Veterinary Commission
21. The maximum number of grooms per Horse, within the Vet Gates in National Competitions, is:
- 2 persons
 - 3 persons
 - 5 persons

Answers - General

1. The athlete
2. All the above
3. 3 or more
4. Hay
5. Both the above
6. Curry comb, dandy brush and hoof pick
7. Hoof pick
8. To protect and moisten
9. To enable cooling down
10. Lunge rein
11. Every 50 days approximately
12. Saddle cloth
13. Girth
14. Seat
15. Stirrup leather
16. Reins
17. Cheek straps
18. Headpiece
19. The left
20. Travel boots or bandages and head collar
21. All the above
22. Every 12 months
23. Whenever it is considered necessary
24. The Chef d' Equipe of the club
25. the one on the left
26. It is obligatory

Answers - Veterinary

1. Under the front part of the saddle
2. on the top edge of the hoof, where the hoof meets the skin
3. on the rear one third of the underside of the hoof
4. twice a day
5. cereals (oats, barley, corn)
6. cereals (oats, barley, corn)
7. anorexia
8. eat nothing until we call the vet
9. we wash the wound with a mild antiseptic and bandage it
10. not continue training and call the vet
11. it must be withdrawn from training and a vet be called
12. daily trimming of the hoofs (hoof pick)

Answers - Dressage

1. Start the Test within 45"
2. Short side at C
3. The athlete has made a mistake during his Test
4. White or off-white, square
5. Spurs without any sharp edges and rowels that turn freely
6. A jacket in a colour registered by the club, with the club's badge
7. Elimination
8. All Tests which do not result in a Champion or Panhellenic Winner
9. He loses 2 points
10. Elimination
11. 20", then the rider is eliminated. If there is resistance that may endanger Rider, Horse or any other person, the C judge will eliminate earlier than in 20".
12. At 4 years old, 6 years old for M classes (juniors) and 7 years old for St Georges
13. 1.20cm and 1.00cm for ponies
14. during the warm-up and the prize-giving ceremony
15. The pair is eliminated.
16. Is considered a fault and 2 points will be deducted per judge.
17. Must be fit to compete and able to fulfill the requirements and difficulties of the test, otherwise the athlete is eliminated.
18. In arena 20x40 for license test and for the smallest test E and all the rest classes in arena 20X60.
19. The Athlete salutes the judges at X by taking both reins in one hand and saluting with the other or just nodding.
20. The athlete is eliminated.
21. At all times, when mounted.
22. The pair is eliminated by the judge C.

Answers - Endurance

1. the Athlete's ability to safely manage the stamina and fitness of the Horse over an endurance course in a Competition against the track, the distance, the climate, the terrain and the clock
2. any member of the Genus Equus
3. no phase may exceed 40 km
4. at least 6 years old
5. only in categories E (20-39km) of National Competitions
6. 14th birthday
7. the defined course, the Vet Gate and the crew points
8. riding footwear with heels of 12 mm or more
9. any closed-toed shoes
10. 3-point helmet
11. Horses may be ridden without shoes, but if shod they must be correctly shod
12. lead or follow their Horse on course
13. the combination must return and re-cross the start line
14. 12 days
15. 64 beats per min (bpm) within 15 min of crossing the end line of each loop except the final loop which is in 20 min of crossing the finish line
16. heart rate recovery, metabolic stability and regular gait
17. that they have successfully completed category E and are eligible for category D or they have successfully completed category D and are eligible for category C or they have successfully completed category C and are eligible for category B or they have successfully completed category B and are eligible for category A CEN1*
18. may be mounted or lead or follow the Horse
19. the stallions
20. with the written approval of the Veterinary Commission
21. 2 persons